

Healthy Professional Worker Study



A research team led by Dr. Bourgeault at the School of Sociological and Anthropological Studies at the University of Ottawa is exploring the mental health experiences of professional workers, and how these experiences are affected by their personal, work and family life. The research team is interested in leaves of absence and return to work, as well as the role that gender has on these experiences. There are also some questions about the impact of COVID-19.

If you are interested in taking part in this study, please follow this link to the online survey: <https://bit.ly/3nk2gBf> in English or in French: <https://bit.ly/35xwomB>. **If you are a dental hygienist or dental assistant, please click 'other' when the survey asks for your profession.** The survey will then prompt you to type in your profession. The survey will take about 15-20 minutes to complete. If you would prefer to participate in an interview, please contact the study project coordinator, Audrey Kruisselbrink, at HPW@uottawa.ca. The interview will take 40-60 minutes, for which there will be a \$20 honorarium.

Please note that you are not required to participate in this study.

This project is being conducted independently from our organization and your decision to participate (or not) will not be known to our organization.

Taking part or not taking part in this study will not affect your status at the organization. At any point you can withdraw participation without recourse.

The study has received ethics approval from the University of Ottawa and the 15 other universities where co-investigators are involved in the project.