

**ACADEMY
ATHLETIC
THERAPY INC.**

www.academyathletictherapy.ca

Discount *(upon presentation of membership card prior to payment at initial visit):*

15% off - Initial assessment (60 minutes, one-on-one with AT).

15% off - Follow-up sessions (60 minutes, one-on-one with AT)

10% off - Follow-up sessions (90 minutes, one-on-one with AT)

All sessions include but not limited to: manual therapy (massage, Soft Tissue Release (STR), Proprioceptive Neuromuscular Facilitation (PNF), cervical and lumbosacral mobilizations), therapeutic ultrasound, cupping massage - full body, facial cupping, Gua Sha, Block therapy, neuroproprioceptive taping (Kinesiotape, etc.), fitness and balance programs with custom home programs.