



GoodLife
CORPORATE WELLNESS

Your organization
has invested in your
Health & Wellness

MDA & MDAA **Corporate Membership Program**

To enroll for a Corporate Membership, please go online to:
<https://corporate.goodlifefitness.com>

Corporate Memberships Include:

- Up to 1/3 off regular membership rates with towel service
- Access to use all *GoodLife Fitness Clubs Across Canada**
- Short-term access to use *Energie Cardio Clubs* in Quebec & *24 Hour Fitness Clubs* in USA
- World-renowned Group Fitness Classes & Group Cycling Classes
- Virtual Group Fitness classes
- State-of-the-art cardio machines, free weights and weight machines
- Towel Service for your use during or post workout (where available)
- Opportunity to purchase up to 4 additional memberships for eligible family members
- *GoodLife Rewards Program* – providing discounts & savings of up to 30% on 150+ brands
- **Fitness Starter:** *Gain valuable information about your physical health, get familiar with Club equipment and learn tips and recommendations for your first month of workouts*
- **Class Starter:** *An explanation and introduction to Group Fitness classes to discover which classes fit your schedule and fitness goals*
- **Fit-Fix Starter:** *Learn about this effective 20-minute, 3 X per week workout designed to delivers results*
- **Other services & amenities (some at an additional cost) include steam room/saunas, massage chairs, Member free Wi-Fi, *Jump* Child Minding, Personal Training and more!**

* Corporate Memberships do not include access to *Fit4Less* by GoodLife Clubs

Visit us online for a complete list of *GoodLife Fitness Club* locations, services and amenities:
<http://www.goodlifefitness.com>

1-800-287-4631 | corporateprograms@goodlifefitness.com